True Love Waits Curriculum Outline

Connecting Filipino youth with God and His plan for absolute purity. “Blessed are the pure in heart, for they will see God.” –Matthew 5:8

Format
• A three to four (3-4) hour workshop facilitated by a trained male-female facilitator
• It is done within small groups composed of 10 participants.

Target Audience
• Youth aged 12-19 years / Young adults aged 20-30 years
• Public and private schools, youth organizations; young working professionals seeking an informal and candid sharing on the relationship between love and sex, consequences associated with premarital sexual activity and benefits of saving sex for marriage.

LESSON 1: The ONE

Aims:
• Know the qualities people are looking for the right ONE;
• Understand the Five Love Languages
• Identify five persons whom True Love is due

Introduction
Activity: The ONE
Let’s begin the search…

The Five Love Languages by Gary Chapman
• Words of Affirmation
• Quality Time
• Acts of Service
• Receiving/Giving Gifts
• Physical Touch

Give Me Five!
• GOD deserves your True Love
  - Offering our bodies to God (Romans 12:1)
  - He demands sexual purity
• **YOU** need True Love
  - Your body is a temple of God (1 Corinthians 6:18-20)
  - Guarding our minds (Philippians 4:8)
  - Love others as well as YOU love yourself
  - Don’t Waste Your Life

• **OTHERS (FAMILY and FRIENDS)** need True Love
  - Loving Family
  - Treat others as brothers and sisters in Christ
  (1 Timothy 5:1-2, 1 Thessalonians 4: 3-7 John 15:13)

• Your **FUTUREMATE** needs True Love
  - Activity: My Ideal Future Mate
  - Dear Future Mate

• **FUTURE KIDS** need True Love
  - The Bible recognizes the value of children (Psalm 127:3)
  - Activity: Feeling Mom and Dad

Summary and Conclusion
Recap using the TLW Hand Illustration

*Lesson Summary: GOD LOVES US ALL*

**LESSON 2: MYX-ed UP!**

**Aims:**
- Know that Media, You, and the Xtraordinary Book affects us;
- Differentiate True Love and Infatuation based on 1 Corinthians 13:4-7
- Understand that God desires sexual innocence and is concerned about the future

**Introduction**
- Activity: Follow the lines
- Media affects us through television shows, movies, music, print ads, billboards, etc.
- You are affected with what you see, hear, feel, and think.
- Xtraordinary Book tells the truth and gives real answers away from deception.

**True Love VS Infatuation**
Identify what is Love & Infatuation from 1 Corinthians 13:4-7

**Before You Say “I Do.” Ask Yourself, “Do I”?** (1 Thessalonians 4:3)

<table>
<thead>
<tr>
<th>Holding Hands</th>
<th>Pre-Marital Sex</th>
<th>Multiple Partners</th>
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<tbody>
<tr>
<td>Kissing</td>
<td>Oral Sex</td>
<td>Self-Pleasure</td>
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<tr>
<td>Petting</td>
<td>Lusting</td>
<td>Same Sex Relationship</td>
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God’s Purpose for Sex
- Marriage Bed Kept Pure (Hebrews 13:4)
- Misuses of Sex
- Activity “Torn Apart”

Sexual Innocence (1 John 2:28, Eph 5:3-4)
- Don’t Waste Your Sexuality
- The Truth about HIV/AIDS and Condoms
- The Common Denominator

Lesson Summary: EVERYONE MAKES MISTAKES

LESSON 3: How Do We Get Through It All?

Aims:
- Prepare them in the pressures they will encounter
- Cite consequences of premarital sex
- Experience forgiveness and new life today

Introduction
- We experience mistakes
- Too much to handle
- How can we know and experience True Love?

Pressures
To force, as by overpowering influence or persuasion.

Pregnancy
- Priorities Are Changed
- Finances Are Doubled
- Dreams Are Shattered

Past (Emotional Baggage)
- Guilt
- Depression
- Shame
- Mistrust
- Regret
- Damage of Self-image

Receive New Life Through Faith (John 1:12, Eph 2:8-9, John 3:1-8)
- Am I Pure? Is there a Way?
- Starting Over (Isaiah 1:8, 1 John 1:9, 2 Corinthians 5:17)
- Forgiveness & Repentance
- Power to Do Right

Lesson Summary: THROUGH CHRIST WE ARE LOVED.
LESSON 4: Want to Know the TRUTH?

Aims:
- Understand that Purity is a Lifestyle; it’s more than about sex.
- Practical ways while waiting
- Love is a Decision

Introduction
Just because you’re a virgin, it doesn’t mean you are pure
Just because you’re not a virgin, it doesn’t mean you are not pure

Purity
- Purity VS Virginity
- Purity is a Lifestyle

Protection
- Seek God
- Guard Your Heart (Proverbs 4:23)
- Reasons to Wait

Pill: Vitamin C
- True Commitment
- Controlled by Christ
- Self-Control

Love is a Decision (1 John 2:26, John 8:31)

Lesson Summary:  SALVATION comes by knowing CHRIST.
Knowing CHRIST is the way to experience TRUE LOVE from GOD.

The Challenge of Waiting

Commitment Cards & Accountability

The Challenge of Commitment