



TRUE LOVE WAITS PHILIPPINES, INC.

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Love Revolution Workshop Outline

Connecting Filipino youth with God and His plan for absolute purity.

“Blessed are the pure in heart, for they will see God.” –Matthew 5:8

Format

- A three to four (3-4) hour workshop facilitated by a trained male-female facilitator
- It is done within small groups composed of 10 participants.

Target Audience

- Youth aged 12-19 years / Young adults aged 20-30 years
- Public and private schools, youth organizations; young working professionals seeking an informal and candid sharing on the relationship between love and sex, consequences associated with premarital sexual activity and benefits of saving sex for marriage.

LESSON 1: The ONE

Aims:

- Know the qualities people are looking for the right ONE;
- Understand the Five Love Languages
- Identify five persons whom True Love is due

Introduction

Activity: The ONE

Let's begin the search...

The Five Love Languages by Gary Chapman

- Words of Affirmation
- Quality Time
- Acts of Service
- Receiving/Giving Gifts
- Physical Touch

Give Me Five!

- **GOD** deserves your True Love
 - Offering our bodies to God (Romans 12:1)
 - He demands sexual purity

- **YOU** need True Love
 - Your body is a temple of God (1 Corinthians 6:18-20)
 - Guarding our minds (Philippians 4:8)
 - Love others as well as YOU love yourself
 - Don't Waste Your Life
- **OTHERS (FAMILY and FRIENDS)** need True Love
 - Loving Family
 - Treat others as brothers and sisters in Christ
(1 Timothy 5:1-2, 1 Thessalonians 4: 3-7 John 15:13)
- Your **FUTUREMATE** needs True Love
 - Activity: My Ideal Future Mate
 - Dear Future Mate
- **FUTURE KIDS** need True Love
 - The Bible recognizes the value of children (Psalm 127:3)
 - Activity: Feeling Mom and Dad

Summary and Conclusion
Recap using the TLW Hand Illustration

Lesson Summary: **GOD LOVES**

LESSON 2: MYX-ed UP!

Aims:

- Know that Media, You, and the Xtraordinary Book affects us;
- Differentiate True Love and Infatuation based on 1 Corinthians 13:4-7
- Understand that God desires sexual innocence and is concerned about the future

Introduction

- Activity: Follow the lines
- Media affects us through television shows, movies, music, print ads, billboards, etc.
- You are affected with what you see, hear, feel, and think.
- Xtraordinary Book tells the truth and gives real answers away from deception.

True Love VS Infatuation

Identify what is Love & Infatuation from 1 Corinthians 13:4-7

Before You Say "I Do." Ask Yourself, "Do I"? (1 Thessalonians 4:3)

Holding Hands	Pre-Marital Sex	Multiple Partners
Kissing	Oral Sex	Self-Pleasure
Petting	Lusting	Same Sex Relationship

God's Purpose for Sex

- Marriage Bed Kept Pure (Hebrews 13:4)
- Misuses of Sex
- Activity "Torn Apart"

Sexual Innocence (1 John 2:28, Eph 5:3-4)

- Don't Waste Your Sexuality
- The Truth about HIV/AIDS and Condoms
- The Common Denominator

Lesson Summary: **EVERYONE MAKES MISTAKES**

LESSON 3: How Do We Get Through It All?

Aims:

- Prepare them in the pressures they will encounter
- Cite consequences of premarital sex
- Experience forgiveness and new life today

Introduction

- We experience mistakes
- Too much to handle
- How can we know and experience True Love?

Pressures

To force, as by overpowering influence or persuasion.

Pregnancy

- Priorities Are Changed
- Finances Are Doubled
- Dreams Are Shattered

Past (Emotional Baggage)

Guilt	Depression
Shame	Mistrust
Regret	Damage of Self-image

Receive New Life Through Faith(John 1:12, Eph 2:8-9, John 3:1-8)

Am I Pure? Is there a Way?

Starting Over (Isaiah 1:8, 1 John 1:9, 2 Corinthians 5:17)

Forgiveness & Repentance

Power to Do Right

Lesson Summary: **THROUGH CHRIST WE ARE LOVED.**

LESSON 4: Want to Know the TRUTH?

Aims:

- Understand that Purity is a Lifestyle; it's more than about sex.
- Practical ways while waiting
- Love is a Decision

Introduction

Just because you're a virgin, it doesn't mean you are pure

Just because you're not a virgin, it doesn't mean you are not pure

Purity

- Purity VS Virginitly
- Purity is a Lifestyle

Protection

- Seek God
- Guard Your Heart (Proverbs 4:23)
- Reasons to Wait

Pill: Vitamin C

- True Commitment
- Controlled by Christ
- Self-Control

Love is a Decision (1 John 2:26, John 8:31)

Lesson Summary: **SALVATION comes by knowing CHRIST.**

Knowing CHRIST is the way to experience TRUE LOVE from GOD.

The Challenge of Waiting

Commitment Cards & Accountability

The Challenge of Commitment